

“I’m in trouble…” “I feel little tight…” in your college life.
Don’t worry by yourself.

Would you like to use the Student Counseling Room?

I can’t keep up with the class.
Research isn’t progressing well.

I’m not good at submitting
assignments.

I can’t sleep, I have no appetite, I can’t wake up
in the morning.
Somehow, my anxiety continues.

I am moody… I want someone
to listen to me.

Frustrated and impatient.
I want to do something about it.

I’m worried about my relationships
with the people around me.
I’m not good at communicating with
people.



We accept reservation for
Counseling by phone or email.

**You can get counseling from a professional
counselor (clinical psychologist) with a translator
when you speak in English. ※ Privacy is protected.**

Place : Hibikino Campus Health Room

Opening hours : Every **Monday, Tuesday,
Thursday 10 : 30 ~ 16 : 30**

(Open during long vacations, closed on Saturdays, Sundays and holidays)

The University of Kitakyushu Hibikino Campus

Student Counseling Room

Tel: 093-695-3267 Email address: counselor@kitakyu-u.ac.jp