

## 2025年度 公立大学法人北九州市立大学特別研究推進費 実績報告書

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公立大学法人北九州市立大学特別研究推進費に係る研究実績について、次の通り報告します。

研究課題名	Promoting understanding and awareness of diversity and inclusion among adult learners.		
交付額	¥180,000		
共同研究者	所属・職名	氏名	役割分担等
	基盤教育センター・教授	中尾泰士	データ分析

### 1. 研究の目的

This project aimed to increase awareness and understanding of the importance of diversity and inclusion among adult learners using i-Design Community College (hereafter IDCC) life-long learners as a research sample for teaching about diversity and inclusion to adult learners in the local community at large. Using experiential learning as the framework the researchers worked with members of IDCC to create a programme about diversity and inclusion.

In the year 2023, a yearlong research project was conducted by the researchers with members of IDCC using experiential learning to investigate the importance of diversity among adult learners. Although the first objective of the research was met, namely, increasing adult learners' awareness of the importance of diversity, it was apparent to the researchers that there was a definite need for a more substantial programme about diversity and inclusion for adult learners. Key ingredients for the programme would be akin to the ingredients of the undergraduate 'Unity and Diversity' programme (Grants-in-Aid for Scientific Research Project No. 23K02140) and the student leader, youth lead 'Dream Big' project (Special Research Fund 2024) and include a Japanese language workbook and a series of workshops about diversity and inclusion. The researchers worked closely with members of IDCC to create a series of workshops and a straightforward, practical workbook

about topics related to diversity and inclusion in modern day Japan. Topics for the programme included health, money, community, disability, gender, and intercultural and intergenerational communication.

## 2. 研究の方法

The researchers met twice a month from May 2025 to December 2025 (excluding August, September), with IDCC members past and present and from all areas of study and worked with the IDCC members to create a workbook about diversity for adult learners. Open ended questionnaires were distributed at the beginning and end of each semester for IDCC members to complete and were also distributed at the end of two workshops piloted for IDCC members about “Health” and “Money”.

## 3. 研究成果

The results of this project was the creation of the workbook ‘Colourful World わたしたちの多様性ワークブック’. Results were presented at the ‘Living on the Edge Conference’ at Kyoto Sangyo University in Kyoto (October 2025) and the AP conference at Ritsumeikan APU University in Beppu (November 2025). A journal article of the results will be published in 2026.